



Discipline Syllabus

“Fundamentals of a Healthy Lifestyle, Life Safety and Occupational Health”

Speciality	<i>D4 Marketing</i>
Educational program	<i>Marketing</i>
Educational level	<i>Bachelor's</i>
Discipline status	<i>mandatory</i>
Language	<i>English</i>
Course/semester	<i>Year 1, Semester 2</i>
Number of credits ECTS	<i>3 credits</i>
Distribution by types of training and hours of study	<i>Lecture – 6 hours</i>
	<i>Practical studies (seminars) – 24 hours</i>
	<i>laboratory studies – 0 hours</i>
	<i>Self-study – 60 hours</i>
Control	<i>Graded Credit</i>
Department	<i>Department of Healthy Life Style, Technologies and Life Safety, aud.108 (building 1), department website: http://www.kafbgd.hneu.edu.ua/</i>
Teacher(s)	<i>Protasenko Olga, Associate Professor, Candidate of Technical Sciences Ryadova Liliana, Associate Professor, Candidate of Sciences in Physical Education and Sport</i>
Contact information	<i>olha.protasenko@hneu.net liaimago@gmail.com</i>
Class days	<i>Lecture: according to the current schedule Practice: according to the current schedule</i>
Consultations	<i>Group/individual, face-to-face/remote, according to the consultation schedule, PLS chat</i>

The discipline aims to study the general patterns of the occurrence and development of hazards, analyse the nature and consequences of their impact on human health, and develop the necessary skills and abilities to prevent and eliminate risks.

Structural-logical scheme of studying a discipline

Prerequisites	Postrequisites
	Pre-diploma practice

Content of the discipline

- Theme 1. Physical Activity as a Means of Maintaining Health and Performance.**
- Theme 2. Legal Framework for Life Safety and Occupational Health and Safety in Ukraine.**
- Theme 3. Psychophysiological Foundations of Occupational Safety.**
- Theme 4. Fundamentals of Occupational Physiology and Hygiene.**
- Theme 5. Chemical, Biological, Physical, and Psychophysiological Hazards: Identification and Protection.**
- Theme 6. Workplace Ergonomics.**
- Theme 7. Technogenic Hazards: Nature of Manifestations and Impact on Humans.**
- Theme 8. Natural Hazards: Nature of Manifestations and Impact on Humans.**
- Theme 9. Social Hazards: Nature of Manifestations and Impact on Humans.**
- Theme 10. Risk Identification, Assessment, and Management.**



Technical and software support of the discipline

Multimedia projector, PLS (Personal Learning System) of S. Kuznets KhNUE, Zoom

Assessment system of learning outcomes

The university uses a 100-point cumulative system for assessing students' learning outcomes. Continuous assessment is carried out during practical classes and aims to check students' readiness to perform specific tasks. It is evaluated based on the total points scored. The final assessment includes the semester control, which is conducted as a graded credit (differentiated assessment). The maximum possible score for the continuous assessment during the semester (for disciplines where the form of control is a credit) is 100 points, and the minimum passing score is 60 points. Continuous assessment includes the following evaluation measures: comprehensive practical assignments and tests. More detailed information on the assessment and grading system is provided in the discipline's work plan (technological card).

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Discipline policy

The course is taught in accordance with the principles of academic integrity. Violations of academic integrity include academic plagiarism, fabrication, falsification, cheating, deception, bribery, or biased evaluation. Students found in violation of academic integrity will be held academically accountable, which entails a mandatory re-evaluation of the relevant assignment or educational work.

More information on competencies, learning outcomes, teaching methods, assessment methods, and self-study can be found in the discipline's Work Program.